

JULY 2023

CHALK TALK

The Official Newsletter of
Sylvania Northview High School Volleyball



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NORTHVIEW
VOLLEYBALL

WE ARE 29 DAYS UNTIL TRYOUTS

by Chad Rutkowski, Head Coach

It is simply hard to believe that we are already through the entire month of June and steamrolling our way into July, the 4th of July holiday and the last month before the 2023 Northview Volleyball season commences.

The beginning part of this season has been simply wonderful thus far. Our athletes are certainly committed to the sport of volleyball and we could not be more excited for the start of the season - we hope that you are excited too. With each passing day, we inch closer to our favorite day of the year - Tryouts. We continue to be very optimistic for the success of this years squad at all levels, Freshman, JV and Varsity, as the talent in the gym has been notable day-in and day-out.

With July comes a litany of events for our athletes approaching July 31st Tryouts:

- Summer Practices with coaching instruction
- Weight Training and Conditioning
- Spirit Wear Order Forms
- Thursday Night Summer League at Premier Academy Asics Summer Site Camp at Northview
- Summer Slam Tournament at Premier Academy

All of these happenings will be outlined throughout this months newsletter as it is a lot to uncover. We look forward to this journey with all of you and hope you have an amazing summer!



2023 CALENDAR

Stay up to date on all of the events associated with Northview Volleyball. Please subscribe to the Northview Volleyball calendar online. **This is the most crucial action item so that you know when all activities are scheduled for this summer activities, weight liftings, practices, matches, scrimmages, meetings, etc.:**

- Computers and Mobile Devices:
 - Apple Devices: <https://tinyurl.com/ya5c3gjz>
 - Google and Android Devices: <https://bit.ly/307LzCA>
 - **It is required to click the appropriate link above and subscribe to this calendar on mobile devices, tablets, computers, etc. as this is the way to understand what is happening and when.**

SUMMER PRACTICES WITH INSTRUCTION

As we get to July, you will notice that the calendar transitions from "Open Gym" to "Summer Practice". The Ohio High School Athletic Association (OHSAA), permits coaches thirteen (13) coaching days from May 15th to July 31st. Strategically, we have saved these for the later parts of July and are excited to start instructing and coaching. These days are vital this summer as they provide the foundation for the season and, although not mandatory, we would love to see as many athletes on these days as possible.

WEIGHT TRAINING & CONDITIONING

As we have in recent years, weight training and conditioning is a key piece to the foundation of our program. When referencing the calendar (listed above), on each day, athletes could have both "practice/open gym/positional training/etc. and weight lifting. While these show as separate events on the calendar, they are not mutually exclusive of each other i.e. if your daughter attends practice, she must attend weight lifting and vice versa as they go hand-in-hand. This is the area where we will see the most extensive and most comprehensive measurement of growth and look forward to continuing to work with our athletes in this area as it is a wonderful passion to have for a lifetime.

SPIRIT WEAR

The 2023 Spirit Wear Order Form has already been sent via E-mail to each family. **Please let us know if you did not receive this E-mail with the attachment and instructions.**

We ask that each parent reviews the content as soon as possible and sends back the Excel spreadsheet that will be shared for you to complete your order. Printed order forms and .pdf versions will not be taken as orders must be sent back digitally. As we will stress moving forward, we will only place orders for those that are on final rosters after July 31st Tryouts and all other orders will be deleted and not fulfilled. Order will be placed immediately after July 31st Tryouts and payment for these items will be due on August 2, 2023.



THURSDAY NIGHT SUMMER LEAGUE

Thursday nights in July at Premier Academy, 1630 Market Place Drive, Maumee, Ohio 43537. This league is run and managed by our program and is a great way to have weekly competition against other schools. This league will take place between 5:30 P.M. and 9:30 P.M. (athletes are to arrive by 5:00 P.M.) and the schedule will be released once all teams have registered - we anticipate having the schedule complete sometime in the next week.

All athletes will be communicated with whom they will be playing with on each night upon arrival to Premier and rosters may vary based on needs for a particular night.

ASICS SUMMER SITE CAMP AT NORTHVIEW

Northview Volleyball will be hosting a Summer Site Camp at Northview July 24th, 25th and 26th from 9:00 A.M. to 2:15 P.M. for all grades 12th - incoming freshman. The cost of this camp is \$210.00 for 10.5 hours and we encourage all of our athletes to take part in this wonderful experience.

[Click here to register for the Asics Summer Site Camp.](#) All high school players, including incoming freshman are highly encouraged to attend. For those athletes attending Ohio State University Team Camp, you do not need to attend this, unless you would really like to since we have an alternative camp option.

ASICS SUMMER SLAM TOURNAMENT

As we have for the past 8 seasons, we will again participate with three (3) teams in this tournament at Premier the weekend of July 22nd and 23rd. We will divide individuals on to three teams based on their grades in the fall of 2023. We will talk about this during practices leading up to this tournament and additional information about this will be provided via E-mail. However, we can state that ALL teams will participate, and ALL athletes will have the opportunity to participate.

Please note that the rosters for this event are NOT rosters for the entire upcoming season/year, nor do they have any impact on the upcoming tryouts on Jul 31st. All rosters will be finalized AFTER our July 31st tryout and not before. The rosters for Asics Summer Slam will be put together by the coaches and will be based only on the personnel that can attend and within the limitations presented with attendance.

The tournament schedule is not yet posted, but we should have it one (1) week leading up to the tournament which we will send out as soon as it is available.

If you have any questions regarding Northview Volleyball, call Chad Rutkowski, Head Coach at (419) 392-5669 or email chad.rutkowski@me.com



Everything listed in this newsletter is subject to change as schedules are fluid and sometimes need adjustments. We will always communicate as things are modified and hopefully changes are few and far between.



FUNDRAISERS

Each year, Northview Volleyball hosts a multitude of fundraisers to help raise additional support for our program to pay for summer leagues, and tournaments, purchase equipment, improve technology and the ongoing needs of our program as we continue to grow and invest in our athletes.

All of these fundraisers need you and your networks to be successful and we appreciate your support and promotion of these events to make them successful. In addition, these are all on our Northview Volleyball calendar and will be posted on social media a couple of times leading up to that specific event:

- Charlie's Ice Cream Fundraiser
 - JV - Sunday, August 6th from 3:00 P.M. to 6:00 P.M. | Freshman - Sunday, August 13th from 3:00 P.M. to 6:00 P.M. | Varsity - Sunday, August 20th from 3:00 P.M. to 6:00 P.M.
 - Eat at Charlie's in Sylvania and a portion of all funds come back to NVVB
- **Thursday, September 21, 2023** - Paddy Jack's Fundraiser from 5:00 P.M. to 10:00 P.M.
 - Eat at Paddy Jack's (owned and operated by a NVVB Family) and 20% of all food sales, both dine-in, and carry-out, will come back to support Northview Volleyball.
 - Thank to the Varwig family for making this annual event possible.
- Custom Water Bottle Sale
 - Purchase a water bottle, tumbler, or other item and a portion of the proceeds comes back to NVVB. These products are high quality and many of our families and coaches have these already.





PHYSICALS

As a reminder, all athletes need an OHSAA Pre-Participation Physical Exam form filled out and returned prior to participation. You will not be able to participate in my volleyball happenings until a physical has been turned in the coaching staff (this includes, but is not limited to - open gyms, summer practices, conditioning, tryouts, leagues, etc.). [Click here to access this year's Physical Form.](#)

FINAL FORMS

This year, as in years past, Sylvania Schools will utilize Final Forms to collect and record necessary and required information for each athlete in order to participate in their respective sport. If you have not already signed up for a FinalForms account, please visit www.sylvania-oh.finalforms.com and create an account. This must be done before your daughter can participate in any volleyball events (open gyms, summer practices, tryouts, etc.). If you already have an existing account, please sign in and make sure that all information is up-to-date and applicable for the 2023 season.

GROUPME FOR COMMUNICATION

Each one of our incoming athletes have been added to the already existing Northview Volleyball group chat on the app "GroupMe". Please help to make sure that your daughter has access to this team chat and is an active participant as all of our communication on a day-to-day basis will be communicated to them directly. We do send a lot of communication to our athletes directly through GroupMe and hope that your athlete shares any important information with you directly.

Parents, you can expect communication from coaches via E-mail and through these monthly Chalk Talk Newsletters.

SOCIAL MEDIA & WEBSITE

Please visit our website (www.northviewwildcats.org) and click on Team Files to access computer and mobile device backgrounds, daily checklist for athletes, links for match schedules only that you can share with family members. We appreciate the support of going digital with most of our materials and hope that you will find them helpful and user friendly. Follow us on social media.

Facebook | Sylvania Northview High School Volleyball @NVHSVBALL Twitter | @NVHSVBALL

Instagram | @NVHSVBALL

Snapchat | @NVHSVBALL

TikTok | @NVHSVBALL

LinkTree | linktr.ee/NVHSVBALL

Northview Athletic Website - www.northviewwildcats.org


All Northview Volleyball resources can be found online. It is highly encouraged that you utilize the website as much as possible. All of our match results and pictures of our athletes can be found on our social media - please like, follow, share and be as active as you can with our social media posts! It is a wonderful way to get people engaged with our program and to drive individuals to come support our program at one of our matches.



12:30 P.M.
8.19.23



7:30 P.M.
8.22.23



7:30 P.M.
8.24.23



7:30 P.M.
8.29.23



6:45 P.M.
8.31.23



6:45 P.M.
9.5.23



7:30 P.M.
9.7.23



2:30 P.M.
9.9.23



6:45 P.M.
9.12.23



7:30 P.M.
9.14.23




1:30 P.M.
9.16.23



6:45 P.M.
9.19.23



12:30 P.M.
9.23.23




6:45 P.M.
9.26.23



7:30 P.M.
9.28.23



12:30 P.M.
9.30.23



6:45 P.M.
10.3.23



7:30 P.M.
10.5.23



1:30 P.M.
10.7.23



7:30 P.M.
10.10.23

HOME MATCHES - COLOR
 JV • 1.5 HOURS BEFORE VARSITY MATCH
 FRESHMAN • 2.5 HOURS BEFORE VARSITY MATCH

AWAY MATCHES - BLACK & WHITE
 ALL NLL MATCHES (EXCEPT FREMONT ROSS, SOUTHVIEW)
 FRESHMAN & JV • MATCHES WILL BE PLAYED AT THE SAME TIME 1.5 HOURS BEFORE VARSITY LISTED TIME

ALL NON-CONFERENCE MATCHES
 JV • 1.5 HOURS BEFORE VARSITY MATCH
 FRESHMAN • 2.5 HOURS BEFORE VARSITY MATCH


ALL TIMES ARE APPROXIMATE AS MATCHES WILL BEGIN 20 MINUTES AFTER OF THE CONCLUSION OF THE MATCH PRIOR

• VARSITY • OHSAA POST-SEASON STATE TOURNAMENT BRACKETS TO BE DETERMINED BY MID-OCTOBER
 MATCHES POSTED ONLINE & ON SOCIAL MEDIA

@NVHSVBALL
 WWW.NORTHVIEWWILDCATS.ORG



7:30 P.M.
10.12.23



1:30 P.M.
10.14.23

2023 SCHEDULE



NORTHVIEW
VOLLEYBALL

